



WHAT'S ON AT MERICI #YearofYouth #SpreadingJoy

Term 3 Weeks 6 and 7 (Monday 27 August-Sunday 9 September)

WHOLE SCHOOL ACTIVITIES

Annual Satisfaction Survey

An annual satisfaction survey of parents, students and staff will be conducted on behalf of all Catholic schools in the Diocese this term. The surveys are designed to gather feedback from parents, staff and students about our school and will be used to inform school improvement. Responses are confidential and individuals cannot be identified.

The surveys were launched via email on August 20 and will close on August 31, 2018 using the email addresses supplied to the school. If you do not receive an email with a link to the survey on 20 August, you can access and complete the survey at the following link.

<https://www.research.net/r/mericicollegeparent2018>.

Adult Self-Defence Class (Tuesday 4 September 6.00pm-8.00pm)

To celebrate National Women's Health Week, Merici College will be offering all women connected to the Merici College community the opportunity to attend Jasiri's 2 hour Strength, Dignity and Resilience Self Defence program at an affordable price of \$30 per person. In addition, all Merici College students will be provided with the opportunity to complete this training during class time. **Merici College will become the first school in Australia to teach all of their students self defence.** Together we will pioneer a new violence prevention program and provide Merici Students with the tools to become fearless leaders.

Trainers will teach the basic fundamentals of self defence, as well as awareness, confidence and meditation (self-reflection). In the 2 hour program, your students will be taught the following:

1. Theory of Self Defence, principles and statistics;
2. Warm up's;
3. Basic martial art movements;
4. Self Defence drills;
5. Self Defence practice with partners;
6. Assertiveness and confidence;
7. Cool down, meditation and overview;
8. Report and feedback.

Jasiri Australia is an evidence based and award-winning youth-led organisation determined to unlock women's fearless potential. Their mission is to assist women, in particular, young women and CALD women, to be their own agents of change and to end all forms of violence against women. Jasiri will also teach awareness, assertiveness, verbal confrontation and safety strategies that enable students to prevent, escape, resist and survive assaults.

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principal@merici.act.edu.au
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There is a student concession of \$20 for children not at Merici. Adult cost is \$30. To secure your booking, payment must be made before Monday 3 September. Cash payments are to be made to the Finance Office. Bookings and credit card payments to ros.parisi@merici.act.edu.au or telephone 6243 4178. A credit card authorisation slip can be found at <https://merici.college/go/merici-credit-card-voucher>.

Night Bridge Restaurant (Wednesday 5 September 6.00pm)

The Bridge Restaurant will be open for dinner on Wednesday 5 September from 6.00pm. Online bookings available at www.merici.college or contact Reception on 6243 4100.

Father/Daughter Mass and Dinner (Friday 31 August 6.00pm)

A special Father and Daughter evening will be held on Friday 31 August at 6.00pm. The theme of the night is 'The Heart of the Father' and will begin with a Fathers' Day Mass at 6.00pm, followed by a Father/Daughter Dinner with special guest speaker David Forrest from the Fathering Project (www.thefatheringproject.org).

Please follow the link <http://merici.college/go/father-daughter-dinner> to find an invitation extended to all fathers and their daughters. *For students who are unable to bring their Dad, we welcome them to bring a significant male relation.*

The cost for the event is \$45.00 per person and includes a 3-course meal and drinks. **To secure your booking, payment must be made prior to the dinner and before Friday 24 August.** Cash payments are to be made to the Finance Office. RSVP and credit card payments to ros.parisi@merici.act.edu.au or telephone 6243 4178. A credit card authorisation slip can be found [here](#). Please indicate special dietary requirements in your RSVP.

For attending fathers: Please send through a photo of yourself with your daughter/s to email Tookie.capezio@merici.act.edu.au before the event.

Bridge Benefit Dinner (Saturday 15 September)

Merici College is holding a Bridge Benefit Fundraising Dinner which will be held on Saturday 15 September in the Merici College Bridge Restaurant commencing at 6.00pm for a 6.30pm start. Please follow the link <https://merici.news/event-created/bridge-benefit-fundraising-dinner> to find ticketing information. This event is a student-led initiative and is in its fourth year of running.

This year, the students have decided that all proceeds will be donated to Karinya House Home for Mothers & Babies Inc. Karinya House is a community based organisation providing supported accommodation, transitional housing and outreach services to pregnant and parenting women and their families from Canberra and surrounding regional areas who are in crisis.

The service operates on a twenty-four hour, seven days a week basis and is located in the ACT and fosters a strong ethos of supporting women to make the best possible choices for themselves. Karinya is a non-government charitable organisation. There are no affiliations to any government agencies or religious institutions and, most importantly, it is a non-judgemental organisation. This is an important point of difference for a lot of women in making the decision to seek help from Karinya. One of the most important insights for those who seek the support of Karinya is that they are all in some kind of crisis, something commonplace in reality.

Please email Ros Parisi, Public Relations Officer at ros.parisi@merici.act.edu.au, or telephone 6243 4178, for all bookings and enquiries, payment required at the time of booking.

Changes to QCity Bus Services effective 3 September

Please follow the link <http://merici.college/go/qcity-bus-changes> to find information about changes to school service numbers that are due to commence on 3 September 2018. Included in the link is a schedule of school service number changes specific to Merici College. A complete list of these school service number changes is also available on the QCity website <https://qcitytransit.com.au/>

Study Skills Handbook

Merici College continues to subscribe to the “Enhanced Learning Educational Services (ELES) Study Skills Handbook”. This web-based program contains 43 modules of highly engaging tasks, designed to improve the study habits of your daughter/s in which the approach taps into students’ affinity with technology to create a new and effective way to improve study skills. The modules relate to best-practice in the areas of ‘Working Better At Home’, ‘Working Better At School’, ‘Improving How You Study’, ‘Improving Skills’, ‘Technology’ and other ‘General’ areas for improved learning.

Benefits of the Study Skills Handbook:

The purpose of your daughter using this resource is so that she will get wide exposure and reinforcement of the ideas as well as the opportunity to access the information in many different ways. It provides students with various options to build their layers of knowledge. Our students are able to take a self-directed approach to utilising this resource as well as allow you to work in partnership with them throughout their personal learning journey.

How to access the Study Skills Handbook:

There is a short cut on the College Moodle page – Look for the Blue circle with a tick  or go to www.studyskillshandbook.com.au

- Username: mericicollege
- Password: 24achieve

Please follow the link <http://merici.college/go/study-skills> to find more information on the Study Skills Handbook and what students can do.

Parent Online Advice August Newsletter

The *Perimeter Guardian Parent Advice Online Safety* information newsletter focuses on technology issues that concern parents. Please follow the link <http://merici.college/go/parent-online-august> to find the latest special advice regarding Yubo – Live Videos with Friends and Discord.

Canberra Metro Update - T Traffic Lights are for Light Rail Vehicles Only

Daytime testing of the light rail vehicles (LRVs) is now underway and it is important to learn about T traffic lights. T traffic lights are for light rail vehicles only. If you see a red ‘T’ you don’t have to stop, this is instructing the LRV to stop. A white ‘T’ is instructing the LRV to go. If you see a white ‘T’ don’t try to cross the intersection, wait for the green arrow. Remember, the road rules have not changed. If we all follow the rules, we all stay safe.

Stay alert!

- Daytime testing of the LRVs is currently focused between Gungahlin Place and Nullarbor Avenue. In the coming weeks the testing area will be expanded to include the track from Mitchell to Gungahlin Place.
- Testing activities will continue Monday to Friday, at night, as well as during the day in three shifts 5:00am to 1:00pm, 1:00pm to 9:00pm and 9:00pm to 5:00am.
- A minimum of two (2) LRVs will be on the tracks testing during the day.
- "T Lights" will regulate LRV movements at intersections. During testing, these will be operational, controlling traffic movements along Flemington Road intersections with Hinder Street, Kate Crace Street and Manning Clark Crescent.



Please follow the link <http://merici.college/go/canb-metro-august> to find more information on current road closures.

YEARS 7, 8 AND 9 NEWS

Year 9 Urban Challenge (Wednesday 24 October-Friday 26 October)

Please follow the link <http://merici.college/go/urban-challenge-2018> to find information regarding the Urban Challenge that your daughters will be participating in later this year. It is expected that you, as parents, complete the online form to register your daughters. The Challenge is in Sydney on 24-26 October. Below are some key dates:

Consent Form* Due: Friday 7 September

Urban Challenge Deadline for Merici Documentation: Wednesday 12 September

Urban Challenge Talk to Girls: Monday Flex 17 September

Urban Challenge Talk to Parents: Monday 17 September 5.30pm Merici Auditorium

Confirmation for Opal Cards: Monday 15 October

Final Meeting during Flex for Year 9: Monday 22 October

Urban Challenge: 24 – 26 October 2018

* The consent form is generated from the Urban Challenge Website after you have completed your registration form. At this stage I have received 6.

YEARS 10, 11 AND 12 NEWS

ANU Extension Public Information Evening (Monday 10 September; Tuesday 11 September)

ANU Extension provides an enhanced learning experience for Year 11 and 12 students in ACT schools and colleges. Australian domestic students or those with permanent residency can apply. Most classes for Year 11 students start in Term 2, 2019. We encourage current Year 10 students and their parents or carers to come along.

Monday 10 September, 6pm

> STEM (astrophysics, biodiversity, chemistry, discovering engineering, physics, and specialist mathematics)

HC Coombs Lecture Theatre,
HC Coombs Building (8a), Fellows Road

Tuesday 11 September, 6pm

> Asian languages (Chinese, Indonesian, Korean and Japanese)

HC Coombs Lecture Theatre,
HC Coombs Building (8a), Fellows Road

Enquiries anu.extension@anu.edu.au

Year 12 AST (Tuesday 4 September and Wednesday 5 September)

Year 12 Tertiary students will be undertaking the AST on Tuesday 4 September and Wednesday 5 September (Week 7). This is an exciting and important series of tests for them which they have been preparing for over the past 18 months of senior school. Schedule is below:

Day 1: Tuesday 4 September

- 8:00am: Breakfast provided to the students
- 9:00am: Students enter Auditorium
- 9:30am: Multiple Choice Test begins
- 11:45am: Test Concludes
- 1:00pm: Student enter Auditorium
- 1:30pm: Short Response Test begins
- 3:15pm: Test concludes

Day 2: Wednesday 5 September

- 8:00am: Breakfast provided to the students
- 9:15am: Students enter Auditorium
- 9:30am: Writing Test begins
- 12:00pm: Test Concludes

Students do not need to wear uniform and are encouraged to wear comfortable clothing. Further specific details about the test can be found on the BSSS website

(http://www.bsss.act.edu.au/_data/assets/pdf_file/0007/313873/Student_Information_Bulletin_with_cover_2018.pdf). Students have been provided with a physical copy of this booklet. Please

remember that it is very important to attend- illness that prevents you sitting the exam must be explained with a medical certificate 24 hours after the sitting date, and you will be rescheduled for the second sitting of the test.

For an idea of the types of tests that these students will be undertaking, extensive samples of each type can be found at- <https://moodle.merici.act.edu.au/course/view.php?id=1557>

Please contact Greg Baines, Head of Senior School (gregory.baines@merici.act.edu.au) if you have any queries.

Year 12 Accredited Package Students - The Edge Conference – Tuesday 4 September

Year 11 and 12 Accredited students will attend the Edge Conference on Tuesday 4 September. This conference is organised by the senior Business Administration class. It is compulsory for all Accredited students at Merici College to attend.

This day is aimed at allowing your daughter to explore future pathways and career options after school. The presentations include financial literacy, addressing selection criteria, car maintenance and partying safely.

The Conference venue is at the AIS, Marathon Room, Bruce at 9.30 am until approximately 3pm. Your daughter has the option to take the school bus from Merici College to the AIS at 9am and return to school via the bus at 3pm.

Morning tea and lunch will be provided at the venue. Any specific dietary requirements such as allergies or intolerances must be provided prior to the event to Mrs McDonnell. Please follow the link <http://merici.college/go/edge-conference> to find the permission note.

Year 10 Social

The 2018 Year 10 Social will be held on Friday, 21 September at Merici College from 6.30pm to 10.30pm. Please follow the link <https://merici.news/event-created/year-10-social-0> to find ticketing and event information. Payment for the Social will only be available between Monday, 13 August and Friday, 14 September (Weeks 4 - 8). Please ensure your daughter's House Coordinator has the paid receipt by the end of Week 8, Friday, 14 September.

Year 12 Student and Parent Formal 2018

It is with great excitement we are writing to you to save the date for the Merici Student and Parent Formal 2018. Please follow the link <https://merici.news/event-created/merici-student-and-parent-year-12-formal> to find more information.

CAREERS NEWS

To find the latest Careers Newsletter, please follow the link <http://merici.college/go/careers-mid-august>.

CHRISTIAN SERVICE AND MISSION

World Vision's 40 Hour Famine Backpack Challenge – Merici Campaign starts 24 August!

Are you passionate about global issues? Want to help fight against an unprecedented global crisis? On 17 August, World Vision's 40 Hour Famine Backpack Challenge will begin, however, you may like to join others from Merici College starting their campaign on 24 August.

Students have received information regarding the World Vision 40 Hour Famine Backpack Challenge via email and at the recent College Assembly. Some students are participating in the challenge from 24-26 August. The contact if students require any information is Tookie.capezio@merici.act.edu.au.

What is the Backpack Challenge? <https://www.youtube.com/watch?v=8KkuRUGhbbk>. This campaign gives you the chance to fundraise for some of the most desperate individuals and families in the world.

What does it involve? You will commit to living out of a backpack with only the essentials for 40 hours to help raise funds for the biggest humanitarian emergency of their generation, the global refugee crisis.

Who does it support? This year's *40 Hour Famine Backpack Challenge* will help World Vision support the needs of refugees and displaced people around the world, including through; emergency relief; provision of supplementary food; nutrition and hygiene support and child health care; and education opportunities for children and families.

In terms of the live challenges: The Live Challenges is an option which starts at 8pm on Friday night when the Backpack Challenge kicks off, and it all finishes on Sunday at Midday. The live challenges will follow the journey of one of World Vision's focus children and will help you to experience a little bit of what it might be like to have to flee your home at a moment's notice in order to find safety. Challenges will be updated on the website and there will be about 12 or so over the weekend!

Sign up here: <https://www.40hourfamine.com.au/> (make sure you add Merici College as the school and use your school email address if it requests one).

Link to the Live Challenge page: <https://www.40hourfamine.com.au/challenges>

Merici Night Out (Friday 7 September 5.30pm-9.00pm)

Merici College is hosting a "Merici Night Out" event for Years 10-12 students with a thrift shop theme on Friday 7 September in the auditorium. This is a concert-styled event including a line-up of some of Canberra's best up-and-coming talent, a sausage sizzle, a raffle and a dress-up competition.

The dress code is "thrift shop" so we hope everyone will purchase their outfit from an op-shop. All Catholic Colleges are invited to this fundraising event to support Catholic Mission. Tickets are available for \$10.00 (includes entry, food and drink, raffle ticket) and will be on sale at recess and lunch time in the Canteen from Monday 28 August.

For further information about this event, please visit or contact Mr Phil Coe, email phil.coe@merici.act.edu.au.



DEFENCE NEWS

Terrific Opportunity in the January Holidays for Young People! Apply Now

The Defence Community Organisation and Outward Bound Australia are excited to provide a fantastic opportunity for 16 young people from the ACT region to take part in either the 12 day Navigator adventure for 15- 17 year old's or the 5 day Young Explorer adventure for 12-14 year old's. The dates for the programs are:

Navigator: 14 – 25 January 2019

Young Explorer: 21– 25 January 2019

Please follow the link <http://merici.college/go/dco-outward-adventures> to find information on these two awesome adventures. Successful applicants must be available to attend the entire program.

How to apply? In 25 words or less send an email to mailbox@outwardbound.org.au highlighting why you want to take part in the program. Please place in the Subject Heading either "Defence – Navigator" or "Defence – Young Explorer". Applications close by the 30 September 2018.

Outward Bound will notify applicants directly to advise of their application.

Hurry places are limited! For more information contact Mike at Outward Bound, telephone 0448 234 557, email Michael.peoples@outwardbound.org.au.

2018 Battle for Australia Commemoration Ceremony (Wednesday 5 September)

Students from a Defence Force family at Merici College have been invited to participate in the 2018 Battle for Australia Commemoration Ceremony at the Australian War Memorial on Wednesday 5 September. Students are to assemble at Student Services by 9:50am for a prompt departure at 10:00am. It is anticipated that we will return to school by 12:30pm. Please follow the link <http://merici.college/go/battle-for-commem> to find the permission note.

iC NEWS

Thank you to all the students and staff who supported Book Week last week. All week the library has been a hive of activity with scavenger hunts, book quizzes, celebrity heads and of course our very positive Book Week Parade on Wednesday. It was a huge success with great characterisation and costumes, and lots of fun had by all. Congratulations to all winners, this is a photo of the most creative group: Alice in Wonderland from Year 8.



Working with classes on research skills, over the last few weeks, we've been looking at what a quality resource looks like and where to find it. Does the website have a date? Who is the author? Does it meet our purpose? And, how can we tell it's reliable? A quality resource is one that is: current, reliable; authoritative; and purposeful. Is your daughter heading straight to *Google* for their research or are they utilising the iC resources available through Moodle?

Yours in all things library,

iC Staff

SPORT

To stay updated on all sporting activities, please ensure your daughter checks our Sports Moodle page and/or Twitter @MericiSport.

Spectator Code of Conduct

There has been a small number of incidents involving Merici spectators at sporting events in recent times. As part of your child's registration for Merici College sporting teams, all parents sign a Code of Conduct. Could we please be mindful of this Code and ensure that Merici College's reputation is upheld within the community.

Please follow the link <https://www.playbytherules.net.au/who-needs-pbtr/parents> to find important reminders. In summary, be a good role model. It is important that you remember your child is not playing for sheep stations. Make sure you:

- Support coaches, umpires and officials and expect your child to be the same.
- Focus on your child's efforts and performance: never ridicule or put your child down for making a mistake or losing.
- Acknowledge instances of good sportsmanship or good technique irrespective of when/where it occurs.

If you disagree with a decision (e.g. your child has not been selected for a team) make sure you deal with the issue appropriately:

- Ask yourself who has the issue – you or your child?
- Don't make a fuss in front of the child, other team members and parents.
- Make a time to talk privately with the coach.
- Check your club's policy on the matter.

Years 9/10 Northside Girls Soccer (Thursday 30 August)

The Years 9/10 North Girls Soccer carnival will be held on Thursday 30 August at the Lyneham playing fields. Please contact PC Fothergill for more information on email Peita-Claire.Fothergill@merici.act.edu.au.

OTHER NEWS

Parentline ACT

Being a parent is the hardest job we'll ever have. All parents at some time experience difficulties and stress. Parentline is a confidential and free telephone and face-to-face counselling and information service. Please contact Parentline if you would you like:



- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager's behaviour.
- Make an appointment for a counselling session.

Please contact Parentline on telephone 6287 3833.

Inquiry into ACT Libraries

The ACT Legislative Assembly is holding an inquiry into the state of the ACT public libraries and are calling for public submissions. For more information and to provide feedback, please follow the link <https://www.parliament.act.gov.au/in-committees/standing-committees-current-assembly/standing-committee-on-environment-and-transport-and-city-services/inquiry-into-act-libraries>

Catholic Education Competition - Catholic Schools Week Film Fest (Entries due Thursday 30 August)

As part of Catholic Schools Week held in September, Catholic Education are running a Film Fest inviting students to create a short film up to 5 minutes duration. The theme is *Celebrating Your School*. Submit your entry to Mrs Wholley via ros.parisi@merici.act.edu.au. Prizes



will be awarded to individuals, groups or schools, best ACT and NSW video will feature in local media. Please follow the link <http://merici.college/go/catholic-schools-week-filmfest> to find more information.

Closing date for entries is Thursday 30 August. Winners announced 14 September. Awards presented at the Catholic Education Recognition Awards 21 September. Good luck girls!

Hurricanes Softball Club Come and Try Day! (Sunday 26 August 2018, 2.00pm-4.00pm)



Hurricanes Softball Club is one of Northside's premium softball clubs in ACT and caters for primary and high school boys and girls. They pride themselves on professionalism, enthusiasm and a strong commitment to providing a well organised, happy and respectful club experience for their players and their families. Players range from boys and girls just starting out in teeball and softball to state and regional representatives – all are welcome no matter what your experience or skill level. The coaches are experienced former and current state players who are fantastic with kids. There will be fun games and station drills for everyone to participate in. ALL WELCOME TO COME AND TRY!

Location: Softball ACT Grounds, Walhallow Street, Hawker.

Further information and pre-season registration: Email: hurricanessoftball@outlook.com, www.hurricanessoftball.com.au, [facebook.com/hurricanescanberra/](https://www.facebook.com/hurricanescanberra/).

Ginninderra School Athletics Team Challenge (Saturday 15 September)

5-a-side Nitro inspired team event - Mix of power, endurance, technique and teamwork

Schools go head-to-head in a separate Boys and Girls Challenge. The main focus will be on the athlete's ability to apply speed and power, technique, endurance and team strategy. There will be prizes for the winning Boys, Girls and Combined Schools Teams. Individual event winners will then take on the best of UC Ginninderra Athletics in a handicap event with students facing World, National and State Champions in a showcase of athletics. Please follow the link <http://merici.college/go/ginninderra-athletics> to find an information flyer, www.ginninderra.com/development/schools. No Merici supervision will be available at this event.

UPCOMING EVENTS (Weeks 8 and 9)

Year 7 Integrated Humanities Excursion (Tuesday 11 September)

Duke of Edinburgh Long Trip Prep – Wednesday 12 September

Year 9 History/Geography Excursion (Wednesday 12 September)

North Regional 13 & O Track and Field (Thursday 13 September)

ACT 13 & O Football Finals (Friday 14 September)

Catholic School Weeks (Sunday 16 September-Friday 21 September)

Year 7 Author Visit (Monday 17 September)

Year 10 History/Geography Excursion (Monday 17 September)

ACT 12U Track and Field (Tuesday 18 September)

Year 10 Social (Friday 21 September)

French Study Tour departs (Saturday 22 September)